

Take Control of Your Life

The Employee Assistance Program (EAP) can help you manage a personal problem, whatever it is:

Relationships

Anxiety

Work-related Concerns

Financial Issues

Family Issues

Loss or Grief

Stress

Substance Abuse

Depression

Other Personal Concerns

Consider calling the EAP today to be referred to a qualified, caring counselor who can help you begin managing your problem.

**YOUR EAP IS SIMPLE TO USE.
IT IS CONFIDENTIAL. IT HELPS.**

Employees and their dependents have access to no-cost counseling services statewide through their employment with an MCIT public entity member.



1.800.550.MCIT (6248)
Sand Creek

