

Navigate a Course Through the Challenges of a Changing Family

Knowing what steps to take when your family situation changes due to divorce, marriage, new children, an empty nest, death, illness or other circumstance can be challenging. Regardless of the reasons for the change, you may need help finding the right path for yourself and your family to take now. The Employee Assistance Program can help you choose how to move forward in the new circumstances.

The EAP offers no-cost, confidential support for you, your spouse and dependents any time, any day.

Contact the EAP Today 1-800-550-6248 • SandCreekEAP.com



Employees, their spouse and dependents have access to no-cost counseling services statewide through their employment with an MCIT public entity member.

**YOUR EAP IS SIMPLE TO USE.
IT IS CONFIDENTIAL. IT HELPS.**

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