



Uh ...
Hmmm ...

When You Need Better Words for a Difficult Conversation, the Employee Assistance Program Can Help

Initiating and leading conversations about tough topics can be uncomfortable. The EAP can help you with strategies for having difficult conversations with anyone, such as co-workers, a spouse, children, parents, etc.

The EAP offers no-cost, confidential support for whatever your concern any time, any day.

YOUR EAP IS SIMPLE TO USE. IT IS CONFIDENTIAL. IT HELPS.



Employees, their spouse and dependents have access to no-cost counseling services statewide through their employment with an MCIT public entity member.



Yeah ...
So ...

Contact the EAP Today

1.800.550.6248 • SandCreekEAP.com