

Your EAP Is... *Effective*



“ I am grateful for
this program. ”

96%

**of People Who Contacted the
Employee Assistance Program Would
Recommend the Services to Others**

- 92% Can Better Deal with Their Situations as a Result of the EAP's Help
- 94% Would Call It Again if Needed Help

Connect with a counselor:

1.800.550.MCIT (6248) or through *SandCreekEAP.com*



MINNESOTA COUNTIES INTERGOVERNMENTAL TRUST

Employees and their dependents have access to counseling services statewide through their employment with an MCIT public entity member.

YOUR EAP IS SIMPLE TO USE. IT IS CONFIDENTIAL. IT HELPS.