



INJURY PREVENTION

Quick Review of Safety

Entryways

INJURY PREVENTION

- Maintain vigilance: After avoiding the ice and snow from outdoors, remember not to let your guard down. Hard floors can be slippery when wet.
- Wipe feet thoroughly on rugs: This not only gets the snow or ice off of your shoes, it also prevents it from being tracked inside and creating wet floors.
- Wear appropriate footwear for the weather with good tread: Many slips and falls occur when people wear shoes with poor tread. Consider leaving a pair of shoes at work and wearing boots with good tread that you can change into when walking outside.
- Watch for curling rugs: Rugs tend to curl with time, and corners or flaps of rugs can catch feet when walking, leading to falls. If you see a curled rug, be sure to either fix it or let someone know so it can be replaced.
- Beware of wet entryways: Rugs and mats become saturated with water after many people enter the building with snow-covered shoes or clothing. If entryway rugs and mats are saturated, be sure to let others know so excess water can be removed or other methods put into place to prevent injuries.
- Report hazards: In addition to reporting curling rugs or saturated floors, other hazards such as particularly icy spots should be reported to make sure they can be addressed.
- Always use handrails or other supports: This is essential on outdoor stairways leading up to entrances. This requires keeping at least one hand free when ascending or descending stairs.



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